

just ONE day

GUIDE TO SIMPLE SCHOOLING

Your challenge is to help your students to live simply for Just One Day.

It is really important to remind your students that education is important for children everywhere, but for some children school is very different from what it is here.

This guide to simple schooling will help you to create a classroom/school scenario so that your students can experience what schooling is like for children living in poor communities overseas.

As you go through the day, provide ample opportunity for your students to reflect on what they are doing and why they are doing it. You might choose to keep a classroom journal for the day, that you could even turn into a blog the following week.

There are a number of resources available on these websites:

www.justlikeme.org.au

www.justoneday.org.au

The day could look like:

SESSION ONE

Commence the day more or less as normal in terms of lessons but would suggest that students could:

- Go without furniture OR squeeze into rows with limited desks. Classes could possibly join together for some of the day to give the feeling of LARGE classes in small rooms.
- Work with papers and pencils only.
- Share resources and text books.
- Go without computers/IWb/ iPads etc
- Spend at least one session being really quiet and listening!
- Perhaps have an old style “chalk and talk” lesson where children either copy off the board, or learn something by rote.

SESSION TWO

Teachers might like to use this time to do some follow up or reflection on the JLM workshops. The Just Like Me teachers' resource book has many ideas and templates for reflections. Some of the JLM videos are used in the workshops but they are also available to download free of charge from www.justlikeme.org.au. For Grade 1/2 Ghana is recommended. (But of course, if you have committed to going without technology this could be a challenge!) Perhaps you could do a recount of whatever video was used in the workshop.

There are colouring sheets on the JLM website as well, that depict differences between our lives and the lives of kids overseas, focussing on home, school, and water usage. These can be used to prompt writing activities.

We will give you some infographic posters which are particularly good for the older students, there are plenty of ways that teachers could use these in lessons.

TIP

There are also a Multiple Intelligences matrices for upper and lower school based on JLM with loads of activities and lesson ideas.

SESSION THREE

You might like to consider teaching the children some games that don't require any special equipment, there are plenty of idea and instructions onto the website. There are instructions on how to make a ball from plastic bags. If this is done prior to the day, you could have some soccer games using the ball, but there are other games that use recycled materials too.

FOOD

We are suggesting that the school provide a lunch of rice and sauce and water. The children would then just bring in some fruit for snack time. If this is not possible, there are ideas given on the website about what the children should bring for lunch on the day. Again, they should sit on the ground, outside, and eat using no cutlery.

While we are not suggesting that children should be allowed to dehydrate, perhaps they could try to manage without their water bottles for the day, and go out to the bubblers once each session to get a drink. It would be worth reminding them that children in some countries don't have running water at school, and the children have to go to a big water tank or a well at lunchtime to get a drink. They would be unlikely to have water bottles, or to be able to get drinks during class time.



Kids like Raven in the Philippines can now go to school thanks to your help!

To join the Just One Day Challenge visit:
www.justoneday.org.au